

MIDNIGHT to 1-00 A.M.

Asleep

1-00 A.M. to 2-00 A.M.

Asleep

2-00 A.M. to 3-00 A.M.

Asleep

3-00 A.M. to 4-00 A.M.

Vigils: Pray and Sing

ACTION: Pray (different types)

And then back to bed to sleep

4-00 A.M. to 5-00 A.M.

Asleep

5-00 A.M. to 6-00 A.M.

Lauds: Pray and Sing

And then reading Quiet Time – Reading

ACTION: Sing (Plain chant)

6-00 A.M. to 7-00 A.M.

Prime: Pray and Sing

Mass: Take Communion

Light breakfast (Mixt) (6-30) – 0.25 lb. Bread dipped in wine

And then to Off to Work

ACTION: Off to work

7-00 A.M. to 8-00 A.M.

Work - Shepherd

8-00 A.M. to 9-00 A.M.

Work - Farming

And then Terce: Pray and Sing (8-30 A.M.)

ACTION: Pray

9-00 A.M. to 10-00 A.M.

Go to Chapter-house to talk together and discuss business

ACTION: in two rows discuss what we did in the playground today

Work – Cleaning shoes and digging

10-00 A.M. to 11-00 A.M.

Work – Metalworking in the forge and teaching

11-00 A.M. to MID-DAY

Work - Cooking

And then Sext: Pray and Sing (11-30 A.M.)

ACTION: Sing

MID-DAY to 1-00 P.M.

Dinner (Prandium) 2 cooked vegetable dishes, fruit, a pitcher of beer, large portion of bread
– sometimes extra given (Pittances) such as eggs, milk, cheese, fish and fowl

ACTION: (Children) Sign language; (Teacher) Read Latin text

Rest

Quiet – Reading and Quiet - Office Work

1-00 P.M. to 2-00 P.M.

Rest

Quiet - Prayer

2-00 P.M. to 3-00 P.M.

Rest

Quiet - Reading

None: Pray and Sing (2-30 A.M.)

3-00 P.M. to 4-00 P.M.

Work – Making books

Quiet - Study

4-00 P.M. to 5-00 P.M.

Work – Gardening

Quiet - Study

5-00 P.M. to 6-00 P.M.

Work – Building and doorkeeper

Quiet - Study

Supper (Cena) (5-30 P.M.) Any bread or beer saved from Dinner, Green vegetables, fruit

6-00 P.M. to 7-00 P.M.

Vespers: Pray and Sing

Quiet Time - Reading

7-00 P.M. to 8-00 P.M.

Quiet Time - Prayer

8-00 P.M. to 9-00 P.M.

Quiet Time - Prayer

Compline: Pray and Sing (8-30 P.M.)

And then to bed: Asleep

9-00 P.M. to 10-00 P.M.

Asleep

10-00 P.M. to 11-00 P.M.

Asleep

11-00 P.M. to MIDNIGHT

Asleep